QuickDASH					
WORK MODULE (OPTIONAL)					
The following questions ask about the impact of your arm	n. shoulder (	or hand proble	em on vour abilit	v to work (incl	uding homemakin
if that is your main work role.)	,		,	( )	
Please indicate your job/work is:			<u> </u>		
☐ I do not work. (You may skip this section.)					
Please circle the number that best describes your physic	cal ability in	the past week	<b>k.</b>		
Did you have difficulty:	No Difficulty	Mild Difficulty	Moderate Difficulty	Severe Difficulty	Unable
1. Using your usual technique for your work?	. 1	2	3	4	5
2. Doing your usual work because of arm,					
shoulder or hand pain?	. 1	2	3	4	5
3. Doing your work as well as you would like?	. 1	2	3	4	5
4. Spending your usual amount of time doing					
your work?	. 1	2	3	4	5
SCORING THE OPTIONAL MODULES:					
Add up assigned values for each response; divide by 4 (r		-	t 1; multiply by	25.	
An optional module score may not be calculated if there	e are any mi	issing items.			
Out al DACH Cooks (NA) and BA adula ).					
QuickDASH Score (Work Module): % disabi	llity				
SDORTS /DEDECORMING ARTS MODULE (ORT					
SPORTS/PERFORMING ARTS MODULE (OPT	-				
The following questions relate to the impact of your arm, both. If you play more than one sport or instrument (or p		-			-
important to you.	nay botili, p	icase ariswer v	vitii respect to t	mat activity will	1011 13 111030
Please indicate the sport or instrument which is most imp	ortant to v	ou:			
☐ I do not play a sport or an instrument. (You may skip the					
Please circle the number that best describes your physic	al ability in				
, , ,	•	the past week	<b>‹</b> .		
	-	-		Severe	Unable
Do you have any difficulty:	No Difficulty	the past week Mild Difficulty	K. Moderate Difficulty	Severe Difficulty	Unable
Do you have any difficulty:  1. Using your usual technique for playing your	No Difficulty	Mild	Moderate		Unable
Do you have any difficulty:  1. Using your usual technique for playing your instrument or sport?	No Difficulty	Mild	Moderate		Unable 5
Do you have any difficulty:	No Difficulty	Mild Difficulty	Moderate Difficulty	Difficulty	
Do you have any difficulty:  1. Using your usual technique for playing your instrument or sport?	No Difficulty	Mild Difficulty	Moderate Difficulty	Difficulty	
Do you have any difficulty:	No Difficulty	Mild Difficulty	Moderate Difficulty	Difficulty 4	5
Using your usual technique for playing your instrument or sport?	No Difficulty  1	Mild Difficulty	Moderate Difficulty	Difficulty 4	5
1. Using your usual technique for playing your instrument or sport?	No Difficulty  11	Mild Difficulty 2	Moderate Difficulty 3	Difficulty 4 4	5 <b>5</b>
<ol> <li>Using your usual technique for playing your instrument or sport?</li></ol>	No Difficulty  11	Mild Difficulty 2	Moderate Difficulty 3	Difficulty 4 4	5 <b>5</b>
<ol> <li>Using your usual technique for playing your instrument or sport?</li> <li>Playing your musical instrument or sport because of arm, shoulder or hand pain?</li> <li>Playing your musical instrument or sport as well as you would like?</li> <li>Spending your usual amount of time practicing Or playing your instrument or sport?</li> </ol>	No Difficulty  11	Mild Difficulty  2  2  2	Moderate Difficulty  3  3	Difficulty  4  4  4	5 <b>5</b> 5
<ol> <li>Do you have any difficulty:         <ol> <li>Using your usual technique for playing your instrument or sport?</li> <li>Playing your musical instrument or sport because of arm, shoulder or hand pain?</li> <li>Playing your musical instrument or sport as well as you would like?</li> <li>Spending your usual amount of time practicing Or playing your instrument or sport?</li> </ol> </li> <li>SCORING THE OPTIONAL MODULES:</li> </ol>	No Difficulty  111	Mild Difficulty  2  2  2  2	Moderate Difficulty  3  3  3  3	Difficulty  4  4  4  4	5 <b>5</b> 5
<ol> <li>Using your usual technique for playing your instrument or sport?</li> <li>Playing your musical instrument or sport because of arm, shoulder or hand pain?</li> <li>Playing your musical instrument or sport as well as you would like?</li> <li>Spending your usual amount of time practicing Or playing your instrument or sport?</li> <li>SCORING THE OPTIONAL MODULES:</li> <li>Add up assigned values for each response; divide by 4 (r</li> </ol>	No Difficulty  1111	Mild Difficulty  2  2  2  2  2  tems); subtrace	Moderate Difficulty  3  3  3  4  1; multiply by	4 4 4 25.	5 <b>5</b> 5 <b>5</b>
<ol> <li>Using your usual technique for playing your instrument or sport?</li> <li>Playing your musical instrument or sport because of arm, shoulder or hand pain?</li> <li>Playing your musical instrument or sport as well as you would like?</li> <li>Spending your usual amount of time practicing Or playing your instrument or sport?</li> <li>SCORING THE OPTIONAL MODULES:</li> <li>Add up assigned values for each response; divide by 4 (ran optional module score may not be calculated if there</li> </ol>	No Difficulty  1  1  1  1  umber of ite are any mi	Mild Difficulty  2  2  2  2  tems); subtractissing items.	Moderate Difficulty  3  3  3  4  1; multiply by	Difficulty  4  4  4  4	5 <b>5</b> 5 <b>5</b>
<ol> <li>Using your usual technique for playing your instrument or sport?</li> <li>Playing your musical instrument or sport because of arm, shoulder or hand pain?</li> <li>Playing your musical instrument or sport as well as you would like?</li> <li>Spending your usual amount of time practicing Or playing your instrument or sport?</li> <li>SCORING THE OPTIONAL MODULES:</li> <li>Add up assigned values for each response; divide by 4 (r</li> </ol>	No Difficulty  1  1  1  1  umber of ite are any mi	Mild Difficulty  2  2  2  2  tems); subtractissing items.	Moderate Difficulty  3  3  3  4  1; multiply by	4 4 4 25.	5 <b>5</b> 5 <b>5</b>
<ol> <li>Using your usual technique for playing your instrument or sport?</li> <li>Playing your musical instrument or sport because of arm, shoulder or hand pain?</li> <li>Playing your musical instrument or sport as well as you would like?</li> <li>Spending your usual amount of time practicing Or playing your instrument or sport?</li> <li>SCORING THE OPTIONAL MODULES:</li> <li>Add up assigned values for each response; divide by 4 (ran optional module score may not be calculated if there</li> </ol>	No Difficulty  1  1  1  1  number of ite are any mide):9	Mild Difficulty  2  2  2  2  tems); subtractissing items. % disability	Moderate Difficulty  3  3  3  t 1; multiply by  © INSTITU	A 4 4 4 25.	5 <b>5</b> 5 <b>5</b>
1. Using your usual technique for playing your instrument or sport?	No Difficulty  1 1 1  number of ite are any mide):9	Mild Difficulty  2  2  2  2  tems); subtractissing items.  6 disability	Moderate Difficulty  3  3  3  4  1; multiply by © INSTITU	A 4 4 4 DITE FOR WORK	5 <b>5</b> <b>5</b> <b>5</b> <b>8</b> HEALTH 2006
<ol> <li>Using your usual technique for playing your instrument or sport?</li> <li>Playing your musical instrument or sport because of arm, shoulder or hand pain?</li> <li>Playing your musical instrument or sport as well as you would like?</li> <li>Spending your usual amount of time practicing Or playing your instrument or sport?</li> <li>SCORING THE OPTIONAL MODULES:</li> <li>Add up assigned values for each response; divide by 4 (r An optional module score may not be calculated if there</li> <li>QuickDASH Score (Sports/Performing Arts Module)</li> </ol>	No Difficulty  1 1 1  number of ite are any mide):9	Mild Difficulty  2  2  2  2  tems); subtractissing items.  6 disability	Moderate Difficulty  3  3  3  4  1; multiply by © INSTITU	A 4 4 4 DITE FOR WORK	5 5 5 5 

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_